A bar of 12/8 holds twelve eighths, grouped into four beats of three.

The feel

It's like 4/4 with triplets throughout. Slow blues, doo-wop and ***metronome*** power ballads often use it.

How to count

Count 1-and-a 2-and-a 3-and-a 4-and-a.

Setting the click

Set four beats per bar with triplet subdivisions, or a 12/8 preset accenting each group.