Best Family-Friendly Places of Interest in High Point, NC

High Point, North Carolina, is a welcoming destination for families looking to enjoy outdoor adventures, interactive attractions, educational experiences, and relaxing outings together. Known for its furniture heritage and community attractions, the city offers a variety of activities that appeal to children, parents, and visitors of different ages.



Whether you are planning a weekend getaway, a family vacation, or a fun day out with the kids, exploring the best family-friendly places of interest in High Point can help you create lasting memories. From scenic parks and playgrounds to fascinating museums and nearby wildlife experiences, there are plenty of opportunities to make your visit enjoyable.

Top Family-Friendly Attractions in High Point

1. Nido & Mariana Qubein Children's Museum

The Nido & Mariana Qubein Children's Museum is an excellent starting point for a family outing. With interactive exhibits, imaginative play spaces, a STEAM lab, and an outdoor adventure zone, the museum encourages children to learn through exploration. Kids can enjoy activities inspired by science, creativity, problem-solving, and everyday life, while parents can participate in the fun.

Best for: Toddlers, school-age children, and families looking for an engaging indoor activity.

Visitor information: Check the official museum website for current hours, admission prices, and ticket availability before visiting.

2. High Point City Lake Park

Families who love spending time outside will find plenty to enjoy at High Point City Lake Park. This popular recreation destination features lake activities, a miniature train, a carousel, miniature golf, and seasonal aquatic attractions. Depending on the time of year, children can enjoy water-based fun, while parents can relax by the lake or organize a picnic.

Best for: Families with children of different ages, outdoor enthusiasts, and summer outings.

Check seasonal attraction schedules, operating hours, and admission fees before heading out.

3. Piedmont Environmental Center

The Piedmont Environmental Center offers families an opportunity to step away from busy schedules and explore the natural environment. Its wooded trails and educational features make it a rewarding destination for children who enjoy discovering plants, observing wildlife, and learning about local ecosystems. A visit can also encourage kids to appreciate conservation and outdoor recreation.

Best for: Nature-loving families, young explorers, and educational outdoor trips.

Wear comfortable walking shoes and check trail conditions before your visit.

4. All-A-Flutter Farms

All-A-Flutter Farms is a memorable option for families interested in butterflies and pollinators. Children can learn about the butterfly life cycle, discover the importance of pollinators, and experience nature in a farm setting. Depending on the season and available programs, a guided visit can provide an educational alternative to conventional indoor attractions.

Best for: Curious children, budding nature enthusiasts, and families seeking hands-on learning.

Visits may require advance appointments and are seasonal, so confirm availability at the official All-A-Flutter Farms website.

5. High Point Museum

The High Point Museum introduces visitors to the area's heritage through historical exhibits, educational programs, and preserved historic buildings. Families can explore the story of the city's development and its furniture-making traditions while helping children connect classroom learning with real-world history. Special demonstrations and changing exhibitions can make repeat visits worthwhile.

Best for: School-age children, history enthusiasts, and families seeking an educational activity.

Check the official visitor information page for current hours, admission details, and programs.

6. Kersey Valley Attractions

Located in nearby Archdale, Kersey Valley Attractions offers a variety of experiences for families and groups. Depending on the season, visitors can find corn mazes, themed attractions, escape rooms, and other adventure activities. Its fall and holiday events can be especially appealing to families planning a special outing.

Best for: Families with older children, teenagers, and groups seeking something more adventurous.

Some activities have age, height, or other participation requirements. Review the details and book ahead at the official Kersey Valley website.

7. Oak Hollow Lake and Festival Park

Oak Hollow Lake and its surrounding recreational areas provide a scenic setting for families who enjoy fresh air and open spaces. Depending on available facilities and current conditions, a visit may include walking, picnicking, enjoying lake views, or exploring nearby recreation areas. It is a good option for a relaxed day that balances activity with downtime.

Best for: Families who enjoy outdoor scenery, casual walks, and picnics.

Check local park guidance for water access, rentals, and facility availability.

8. Armstrong Park

Armstrong Park is a practical choice for families who want to combine outdoor recreation with time to unwind. Its recreational facilities and access to the High Point Greenway make it suitable for a casual walk, active play, or a simple afternoon outside. It can also serve as a starting point for families who want to incorporate more movement into their visit.

Best for: Families who enjoy playground time, walking, and outdoor recreation.

Check the city's park information for current facilities and any restrictions.

9. High Point Rockers Baseball

Catching a High Point Rockers baseball game is a fun way to experience local sports and community spirit. Families can enjoy the atmosphere at Truist Point, watch the action on the field, and share the traditional ballpark experience. For children who are learning about baseball, a live game can make the sport more engaging than watching it on television.

Best for: Sports fans, families with school-age children, and groups planning an evening out.

The season, ticket availability, and promotions vary, so consult the team's official website before making plans.

10. High Point Public Library

The High Point Public Library is worth considering for families who want an affordable, educational outing. Beyond books, libraries can offer children's programs, story times, and learning activities that encourage creativity and early literacy. Checking the library's calendar before visiting can help families find an event that matches their children's interests.

Best for: Younger children, readers, and families looking for budget-friendly activities.

Review current programs and branch information through the official City of High Point website.

More Places for Families to Explore

Beyond the main attractions, High Point and its surrounding area offer several additional destinations that can make a family trip even more enjoyable.

11. World's Largest Chest of Drawers

This oversized furniture landmark is a fun place to stop for family photos. It celebrates High Point's furniture-making heritage and offers a quirky, memorable sightseeing experience that will not take much time.

12. GET AIR Trampoline Park

For energetic children who enjoy jumping and active play, an indoor trampoline park can be a great alternative when the weather is unfavorable. Check the venue's current location, age restrictions, safety requirements, and admission policies before visiting.

13. North Carolina Zoo

Located in Asheboro, within a reasonable driving distance of High Point, the North Carolina Zoo makes an excellent day trip. Families can observe animals in naturalistic habitats and introduce children to wildlife conservation. Its expansive grounds provide opportunities to learn about animals and their environments while enjoying time outdoors.

Visit the official North Carolina Zoo website for operating hours, tickets, and visitor guidelines.

14. Greensboro Science Center

This nearby attraction combines science exhibits, an aquarium, and animal experiences. It is an appealing option for families who want to combine entertainment with opportunities to learn about science and the natural world. Children can explore interactive displays and discover fascinating facts about animals, ecosystems, and scientific principles.

Check the official Greensboro Science Center website for current exhibits, admission information, and special events.

Tips for Planning a Family Day Out in High Point

A little preparation can help make your visit more comfortable and enjoyable.

- **Choose attractions that suit your children's ages.** Interactive museums and playgrounds are ideal for younger children, while teenagers may prefer adventure activities, sports, and seasonal events.
- **Check opening hours before leaving.** Some attractions have seasonal schedules, limited operating days, or require advance reservations.
- **Plan around the weather.** Parks, lakes, and walking trails are best suited to favorable conditions, while museums and indoor play venues can provide alternatives on rainy or especially hot days.
- **Set a realistic itinerary.** Two or three attractions in one day may be more enjoyable than rushing through a long list of destinations.
- **Consider accessibility and sensory needs.** Contact individual venues to confirm available accommodations and sensory-friendly resources for your family.
- **Keep costs in mind.** Public parks and some educational attractions can offer budget-friendly options, while special events and amusement activities may require separate admission fees.

Final Thoughts

High Point, NC, offers a diverse selection of family-friendly places of interest, from hands-on educational attractions and historic museums to outdoor recreation areas and exciting seasonal adventures. The Nido & Mariana Qubein Children's Museum is a particularly strong choice for interactive learning, while High Point City Lake Park is ideal for families seeking a mix of studio and one bedroom apartments high point area outdoor activities. Nature enthusiasts can explore the Piedmont Environmental Center, and families interested in local heritage can spend time at the High Point Museum.

With a combination of outdoor spaces, engaging attractions, and nearby day-trip destinations, High Point provides plenty of ways for families to spend quality time together. By choosing activities that match everyone's interests and checking visitor information in advance, you can plan a rewarding visit filled with discovery, recreation, and lasting family memories.