Polyrhythms combine metronome two different pulses at once. Three against two means three even notes over two.

## Find the shared grid

Multiply the numbers: 3 × 2 = 6. Count six even pulses. The 3-part plays on 1, 3 and 5; the 2-part on 1 and 4.

## A handy mnemonic

The phrase 'nice cup of tea' fits 3:2, and 'pass the golden butter' fits 4:3.

## Hear both layers

A polyrhythm metronome plays both layers with different sounds, so you can mute online metronome metronomeworld.com one and add it back. Begin slowly and build up gradually.